



# Patient Preparation for Ultrasound Examinations

## Gallbladder / Upper Abdomen

Nothing to eat 4 hours before the scan and only water to drink. Continue taking your medication as normal. If you are diabetic, please check with your doctor.

## Renal / Kidney / Bladder / Prostate / Lower Abdomen / Female Pelvis

Full bladder required. For most people, this is 2 large glasses of water 30-60 minutes before the scan. If your bladder is not full 10 minutes before the scan please drink more water. If you are uncomfortably full you may let some out.

## Abdo / Pelvis (Abdomen and Pelvis)

Nothing to eat 4 hours before the scan and only water to drink.

Continue taking your medication as normal. If you are diabetic, please check with your doctor.

Full bladder required. For most people, this is 2 large glasses of water 30-60 minutes before the scan. If your bladder is not full 10 minutes before the scan please drink more water. If you are uncomfortably full you may let some out.

## All other examinations including pregnancy scans

No preparation required.

## What to bring with you to your scan.

- Your referral form
- Growth chart (if you have one for pregnancy scans)
- All previous images and reports if you have them (ie. X-ray)

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